



## Steering Committee

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## Community Partners

The new Connection has been active for a year and here is what families are looking for.

24% - KidCare Insurance - WCL/LCS KidCare Outreach Program

22% - Employment - ECHO and Capital Area Community Action Agency

16% - Basic Needs - ECHO and Capital Area Community Action Agency

## Community Update August 2011



### July's Guest Speakers:

- **Theresa Flury**, Boys and Girls Club - Boys & Girls Clubs of the Big Bend attract kids from 21 schools in Leon and Gadsden Counties. 60% of the kids in the clubs come from single-parent households. 80% of families are below the poverty line. They currently serve between 200-300 children and the majority of those kids are elementary and middle school students. All kids must complete 1 hour of homework while they're at the club. There is no criteria to join the club. There is a registration form with a \$10 registration fee.

- **Tomica Archie-Smith**, Palmer-Munroe Teen Center - The

center has been open for a year. They offer academic tutoring as well as classes on whatever the kids are interested in: baking, cooking, gardening. There is also a music studio and a basketball team. In addition, the Teen Center also has a restorative justice component with a community service project aspect. They are open weekdays 2-9pm and on Saturdays Noon - 8pm.



Tomica Archie-Smith

12% Childcare - Early Learning Coalition.

Do you have new programs? Have some of your initiatives ended recently? If so, please contact [Heather](#) to update your entries in the Resource Guide.

Are you interested in becoming a Direct Service Provider through the Whole Child Connection? If so, contact [Heather](#) to begin the conversation.

## WCL'S QR CODE

Scan to stay in touch with Whole Child Leon.



To use the code:

1. Make sure you have a smartphone (Android, iPhone, etc.)
2. Take a picture of the code.
3. Make sure you have a QR scanner/decoder. If you don't, there is an App in the Market of all smartphones called **Barcode Scanner**.
4. Once the picture is taken, decode it with the App of your choice.

- **Monica Horton & Kelly Parker** - PACE Center for Girls - PACE stresses the importance of early intervention and prevention. They work to get to the bottom of emotional issues that make it difficult for the girls to succeed in school. There are three components to the PACE program: academic, social services, and career guidance. The average length of stay is 6-18 months. They get referrals from Leon County Schools, Dept. of Juvenile Justice, parents and sometimes the girls themselves.

**Our next Professional Network meeting is Monday, August 22nd at Noon.**

**Guest Speakers Include:**

- **Carly Sinnadurai, Director, The Sharing Tree**
- **Emily Fritz, Director, Communities Putting Prevention to Work, Florida Department of Health**

Email [Heather](#) if you would like to be added to the Professional Network invitation list.

## WCL Intern at TMH

Kimberly Bednark is the newest intern at Whole Child Leon. She will be at Tallahassee Memorial HealthCare weekly in the Pediatric and NICU departments.

Kimberly is currently finishing her Bachelors degree in Social Work at Florida State University.

She plans on starting on her Masters degree in January with a focus on child welfare. She is an executive member of the Association of Student Social Workers at Florida State University as well as a member in Alpha Phi Omega, the national service fraternity on campus.



Kimberly Bednark

## WCL/LCS KidCare Outreach Project

Summer camps have ended; however, Leon County School's (LCS) Florida KidCare Enrollment Days will continue during back to school orientations and open houses. As the new school year is about to begin, we encourage parents to apply or set up an appointment with the LCS Florida KidCare outreach specialist.

You can find us at the following events:

- Astoria Park's Open House on August 18th 5:30 p.m.-8:00 p.m. and August 19th 1:00 p.m.-5:00 p.m.
- Hartsfield's Kindergarten Orientation on August 18th 12:00 p.m. -2:00 p.m.

Even if your child does not attend these schools or you are unable to attend these events, the LCS Florida KidCare outreach specialist is available for assistance to all families in the district.

For additional information about Florida KidCare, call the Leon County Schools Outreach Specialist, Jennifer Leon, at (850) 414-5110 or Florida KidCare at 1-888-540-5437 or visit [www.floridakidcare.org](http://www.floridakidcare.org)

## Look Who's Talking

## *The Whole Picture of Health*



### A WELLNESS & NUTRITION INITIATIVE CHART (Community Health Action Response Team)

#### **95210 for Health!**

Five daily habits can help children and adults live healthier lives and sustain a healthy body weight.

- Get at least **9** hours of sleep
- Eat **5** servings of fruits & veggies every day
- Limit screen time to **2** hours or less
- Get at least **1** hour of physical activity
- Eliminate **(0)** sugary drinks and tobacco exposure

95210 is a community-wide strategy for promoting child health and life-long healthy habits for all individuals. With simple health messages behind each number, 95210 communicates key behaviors that promote healthy weight and overall good health. 95210 makes it easy to remember some of the most important steps families, community organizations and worksites can take to prevent childhood obesity and chronic diseases.

Whole Child Leon and the Community Health Action Response Team, (CHART), are working with the Early Learning Coalition and Leon County Schools to promote 95210 in 3 Early Learning Coalition childcare centers and in all Leon County Schools Pre-K programs.

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## August is National Immunization Awareness Month

August is National Immunization Awareness Month (NIAM).

Parents, visit [www.immunizeflorida.org/parents/index.html](http://www.immunizeflorida.org/parents/index.html) for school immunization requirements and schedules.

For information on how the Florida electronic immunization registry (Florida State Health Online Tracking System) can help make

"The Whole Child Leon Professional Network meetings make it easier to create and maintain contacts within the community that are beneficial, and can assist me with my needs within my own profession. The featured monthly speakers are relevant and address the current issues and trends concerning the Big Bend Area. Everyone brings something different to the table, and information sharing is beneficial. It is one of the few times within our profession we can come together to share our passion - improving the lives of children of all ages."  
*Kristina Abernathy,  
Community Liaison, Capital Area Healthy Start Coalition*

## **Parkway Farmers' Market @ the Y**



Sanguon Hale

Whole Child Leon and the YMCA have partnered to establish a weekly Farmers' Market at the YMCA's Garden Annex, 2001 Apalachee Parkway. This market sells fruits such as pineapple, watermelon, and mangoes; vegetables such as greens, tomatoes, squash and raw honey. All of the vegetables are organically grown.

Making sure our entire

documentation of immunizations easy, contact the Florida SHOTS help desk at [www.flshots.com/](http://www.flshots.com/).

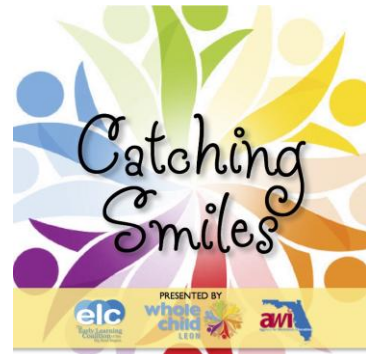
Click [here](#) for information on local immunization clinics.

## **"Catching Smiles" CD Re-released**

Thanks to support from Early Learning Coalition of the Big Bend and Agency for Workforce Innovation, Whole Child Leon is happy to announce that "Catching Smiles" has been re-released to our community.

Thank you to all of the artists who donated their time and music to make this CD possible.

Our goal is to send each baby, born in our community, home with a new Catching Smiles CD. All of the songs on "Catching Smiles" are available for download by clicking [here](#).



Catching Smiles CD Cover

## **Upcoming Community Events**

**Official Back-to-School Community Experience** - Saturday August 20th, 9am - 3pm - North Florida Fairgrounds  
For more information, Cheree Wiltsher, 727-2054 or Harris Wiltsher, 727-2063

**Parent to Parent Support Group For Parents with School Age Children with Disabilities** - Wednesday August 24th - Meet with Representative Rehinkle Vasilinda to discuss bullying and other parent concerns  
Bring your Lunch!  
Children's Medical Services, 2390 Phillips Road, 1st Floor Conference Room  
Contact Chris Heron, ESE Liaison, for more information at 487-7135

**Capital Coalition for Health** - Wednesday, August 24th 2:00-2:30pm Registration and 2:30 - 5:00pm Kick-off Event  
Turnbull Center, 555 W. Pensacola Street (Free Parking in the Garage, St. Augustine Entrance)  
- Learn about the upcoming community health needs assessment and strategic planning process (MAPP)  
- View a short segment on health disparities from the eye-opening

community has access to fresh, local fruits and vegetables is a challenging mission that we are addressing head on. Come and get your fresh fruits and veggies!

**Mondays and Wednesdays 11:00 a.m. - 2:00 p.m., 2001 Apalachee Parkway**

## New Standards for Cribs

On December 15, 2010, the U.S. Consumer Product Safety Commission (CPSC) voted unanimously to approve new mandatory crib standards, establishing the most stringent crib safety standards in the world. From now on, all importers, distributors, manufacturers, and retailers must offer only cribs that meet the CPSC's new and improved full-size and non-full-size crib standards. Some of the new mandatory rules for cribs include: (1) stopping the manufacture and sale of dangerous, traditional drop-side cribs; (2) strengthening mattress supports and crib slats; (3) requiring crib hardware to be more durable; and (4) making safety testing more rigorous.

For more information, click [here](#).

## We're on the Web!

The [Whole Child Leon Online Event Calendar](#) gives information on a wide array of local events for kids

"Unnatural Causes" documentary  
- Contribute your input as we develop a vision for healthy communities across Leon County  
- Learn how you can be involved and network with other community leaders  
R.V.S.P. to Shelby Vidor at 850-606-8198 or [Shelby\\_Vidor@doh.state.fl.us](mailto:Shelby_Vidor@doh.state.fl.us) by August 17th

## Whole Child Leon: Sharing Tree opens doors to the public

Special to the Democrat - Published August 2, 2011

When The Sharing Tree opened a year ago, donated new and gently used materials of the reusable resource center were made available to teachers in Leon County public schools exclusively. Since The Tree's inaugural year has been such a resounding success - in 10 months, teachers received more than \$150,000 worth of supplies and other materials for classroom use - the advisory board for the center has opened the store to the public.

The Tree's continued success is largely the result of the strong partnerships that were developed in the beginning and new ones that have been created since then. Founding partners for the center, located on the campus of Lively Technical Center, were Leon County Schools, Goodwill Industries of the Big Bend, Leon County government, and Sustainable Tallahassee. More recent partners include the Foundation for Leon County Schools, the City of Tallahassee and the Early Learning Coalition.

The Sharing Tree always is looking for supplies, including any kind of art and craft supplies, school supplies, fabric, yarn, etc. The Sharing Tree is also looking for volunteers; if you're interested, call 264-4035.

"I hope with our newfound outreach to the public that everyone can come to understand The Sharing Tree as an invaluable resource; one that provides an avenue in which to donate, as a resource that is more than affordable for organizations and families facing shrinking budgets, and a creative reuse hub that broadens our communities knowledge of reusing materials for educational and creative purposes," said Carly Sinnadurai, director of The Sharing Tree.

Learn more about The Sharing Tree at [www.thesharingtreefl.org](http://www.thesharingtreefl.org) or by calling 264-4035.

**Whole Child Leon Staff**  
Courtney Atkins, Executive Director

and for people who work with kids.

If you have news you would like to share, [email it](#) and we'll make sure it gets onto the WCL Website in the Community News section or the Event Calendar.

Find us on **Facebook** 

Follow us on **twitter** 



**Heather Telfer**, Connection and Outreach Coordinator  
**Amanda Clements**, Vice-President of Strategic Initiatives, United Way of the Big Bend  
**Megan Earnhardt**, Strategic Initiatives Associate, United Way of the Big Bend  
**Jennifer Leon**, Whole Child Leon/Leon County Schools KidCare Outreach Specialist

**Got Kids? Get connected to community resources that can assist you and your family through the Whole Child Connection.**

[www.WholeChildLeon.org](http://www.WholeChildLeon.org)

**Contact a Whole Child Leon Advisor today, at 850-414-8344.**



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